SeroCP™ IgM

ELISA for the detection of IgM antibodies to *Chlamydia pneumoniae* in human serum

For professional use only
SeroCP™ IgM

Intended Use

SeroCP™ IgM kit is an Enzyme Linked Immunosorbent assay (ELISA) test for the detection of IgM antibodies specific to Chlamydia pneumoniae in human serum. The test enables early diagnosis of current infection in a single serum specimen by detection of IgM antibodies.

For Research Use Only.

Introduction

Chlamydia pneumoniae (TWAR) is an emerging infectious agent with a spectrum of clinical manifestations, including upper and lower respiratory tract infections (1). The majority of C. pneumoniae infections are mild and asymptomatic yet, may cause serious diseases, such as pharyngitis, sinusitis, acute bronchitis and community acquired pneumonia. Undetected and untreated infection may lead to prolonged and persistent disease. Recent data indicates a possible association between C. pneumoniae infection and chronic diseases (2). Seroprevalence of C. pneumoniae among children is low, increases sharply until middle age, and remains high into old age (>50%).

Difficulties in sample collection and inaccessibility of the infected site seriously affect the usefulness of direct detection methods. Therefore, serological testing is routinely used and serves as a non-invasive tool in identification of both distal and chronic chlamydial infections (3), where direct detection methods are rarely efficient (4). In addition, the presence of certain antibody types may also indicate the state of the disease. Primary chlamydial infection is characterized by a predominant IgM response within 2 to 4 weeks and a delayed IgG and IgA response within 6 to 8 weeks. After acute C. pneumoniae infection, IgM antibodies are usually lost within 2 to 6 months (5), IgG antibody titers usually decrease slowly; whereas IgA antibodies tend to disappear rapidly (6). When primary chlamydia infection is suspected, the detection of IgM is highly diagnostic (7). However, in recurrent or chronic infections the prevalence of IgM is low and therefore absence of IgM does not necessarily exclude on-going infection. In reinfection, IgG and IgA levels rise quickly, often in one to two weeks (8).

IgA antibodies have shown to be a reliable immunological marker of primary, chronic and recurrent infections. These antibodies usually decline rapidly to baseline levels following treatment and eradication of the chlamydia infections (3). The persistence of elevated IgA antibody titers is generally considered as a sign of chronic infection (6).

IgG antibodies persist for long periods and decline very slowly. Therefore, the presence of IgG antibodies is mainly indicative of a chlamydia infection at an undetermined time. However, a four-fold rise in IgG or high levels of IgG antibodies may indicate an on-going chronic infection.
SeroCP™ is an ELISA based assay in which purified elementary bodies of *C. pneumoniae* (TWAR - 183) are used as antigens to detect the antibody response in humans. For complete diagnosis of current, chronic or past infections, it is recommended to determine IgG, IgM and IgA antibodies to *C. pneumoniae*.

**Principle of the Test**

- SeroCP™ Plates are supplied coated with purified elementary bodies of *C. pneumoniae* (TWAR 183) antigens.
- Serum to be tested is diluted and then incubated in the SeroCP™ plate for 1h at 37°C. In this step C. pneumoniae antibodies are bound to the immobilized antigens.
- Non-specific antibodies are removed by washing.
- Anti-human IgM conjugated to Horseradish Peroxidase (HRP) is added and incubated 1h at 37°C. In this step the HRP-Conjugate is bound to the prebound antigen-antibody complex.
- Unbound conjugate is removed by washing.
- Upon the addition of TMB-Substrate, the substrate is hydrolyzed by the peroxidase, yielding a blue solution of the reduced substrate.
- Upon the addition of the Stop Solution, the blue color turns yellow and should be read by an ELISA reader at a wavelength of 450nm.
- The absorbance is proportional to the amount of the specific antibodies that are bound to the coated antigens.

**Assay Procedure**

Add 2x50µl of Negative Control, 1x50µl of Positive Control and diluted specimens to microtiter plate wells coated with *C. pneumoniae* antigens

- Cover plate and incubate 1h at 37°C at 100% humidity
- Wash 3 times with Wash Buffer (300-350µl)
- Add 50µl of 1/300 diluted HRP Conjugate
- Cover plate and incubate 1 h at 37°C at 100% humidity
- Wash 3 times with Wash buffer (300-350µl)
- Add 100µl of TMB-Substrate
- Cover plate and incubate 15min at room temperature
- Add 100µl of Stop Solution
- Read absorbance at 450nm
- Calculate and interpret results
Kit contents:

Test kit for 96 Determinations  
Cat. No. A192-01M

1. *C.pneumoniae* antigen-coated microtiter plate: 96 break-apart wells (8x12) coated with *C.pneumoniae* antigens, packed in an aluminum pouch containing a desiccant card.  
   1 Plate

2. Concentrated Wash Buffer (20X): A PBS - Tween buffer.  
   1 Bottle, 100ml

3. IgM- Serum Diluent (red): A ready to use anti human IgG in buffer solution. Contains less than 0.05% proclin as a preservative.  
   1 Bottle, 60ml

4. Conjugate Diluent (green): A ready to use buffer solution. Contains less than 0.05% proclin as a preservative.  
   1 Bottle, 40ml

5. Negative Control: A ready to use *C.pneumoniae* IgM negative human serum. Contains less than 0.05% proclin and less than 0.1% Sodium Azide as preservatives.  
   1 Vial, 2.5ml

6. Positive Control: A ready to use *C.pneumoniae* IgM positive human serum. Contains less than 0.05% proclin and less than 0.1% Sodium Azide as preservatives.  
   1 Vial, 2.0ml

7. Concentrated HRP-Conjugate (300X): Horseradish Peroxidase (HRP) conjugated anti-human IgM (miu chain specific). Contains less than 0.05% proclin as a preservative.  
   1 Vial, 0.2ml

8. TMB-Substrate: A ready to use solution. Contains 3, 3’, 5, 5’ - tetramethylbenzidine as a chromogen and peroxide as a substrate  
   1 Bottle, 14ml

   1 Bottle, 15ml

10. Plate Cover:  
   1 unit

11. Instruction Manual:  

Test kit for 192 Determinations  
Cat. No. B192-01M

1. *C.pneumoniae* antigen-coated microtiter plate: 96 break-apart wells (8x12) coated with *C.pneumoniae* antigens, packed in an aluminum pouch containing a desiccant card.  
   2 Plates

2. Concentrated Wash Buffer (20X): A PBS - Tween buffer.  
   2 Bottles, 100ml

3. IgM- Serum Diluent (red): A ready to use anti human IgG in buffer solution. Contains less than 0.05% proclin as a preservative.  
   2 Bottles, 60ml
4. **Conjugate Diluent (green):** A ready to use buffer solution. Contains less than 0.05% proclin as a preservative.
   
   1 Bottle, 80ml

5. **Negative Control:** A ready to use *C.pneumoniae* IgM negative human serum. Contains less than 0.05% proclin and less than 0.1% Sodium Azide as preservatives.
   
   1 Vial, 2.4ml

6. **Positive Control:** A ready to use *C.pneumoniae* IgM positive human serum. Contains less than 0.05% proclin and less than 0.1% Sodium Azide as preservatives.
   
   1 Vial, 1.25ml

7. **Concentrated HRP-Conjugate (300X):** Horseradish Peroxidase (HRP) conjugated anti-human IgM (miu chain specific). Contains less than 0.05% proclin as a preservative.
   
   1 Vial, 0.2ml

8. **TMB-Substrate:** A ready to use solution. Contains 3, 3', 5, 5' - tetramethylbenzidine as a chromogen and peroxide as a substrate.
   
   1 Bottle, 24ml

9. **Stop Solution:** A ready to use solution. Contains 1M H$_2$SO$_4$.
   
   1 Bottle, 30ml

10. **Plate Cover:**

11. **Instruction Manual:**

---

**Materials Required But Not Supplied**

1. Clean test tubes for dilution of patient's sera.
2. Disposable plastic vial for dilution of the concentrated HRP- conjugate.
3. Adjustable micropipettes, or multichannel pipettes (5-50, 50-200 and 200-1000µl ranges) and disposable tips.
4. One liter volumetric flask.
5. One 50ml volumetric cylinder.
6. Wash bottle.
7. Absorbent paper.
8. Vortex mixer.
9. A 37°C water bath with a lid, or a moisture chamber placed in a 37°C incubator.
10. ELISA-reader with 450nm filter.
11. Distilled or double deionized water.

---

**Warning and Precautions**

**For Research Use Only**

1. This kit contains human sera that have been tested by FDA and CE approved techniques, and found to be negative for HBV antigen and for HCV and HIV 1&2 antibodies. Since no known method can offer complete assurance that products derived from human blood do not transmit infection, all human blood components supplied in this kit must be handled as potentially infectious serum or blood,
according to the recommendations published in the CDC/NIH manual "Biosafety in Micro Biological and Biomedical Laboratories", 1988.

2. TMB-Substrate solution is an irritant material to skin and mucous membranes. Avoid direct contact.

3. All the components of this kit have been calibrated and tested by lot. It is not recommended to mix components from different lots since it might affect the results.

4. Diluted sulfuric acid (1M H$_2$SO$_4$) is an irritant agent for the eyes and skin. In case of contact with eyes, immediately flush area with water and consult a physician.

Storage and Shelf Life of Reagents

1. All the reagents supplied should be stored at 2-8°C. The unopened reagent vials are stable until the expiration date indicated on the kit pack. Exposure of originally stoppered or sealed components to ambient temperature for a few hours will not cause damage to the reagents. **DO NOT FREEZE!**

2. Once the kit is opened, shelf life is 90 days.

3. Unused strips must be resealed in the aluminum pouch with the desiccant card, by rolling the open end and sealing tightly with tape over the entire length of the opening.

4. Crystals may form in the 20x concentrated Wash Buffer during cold storage, this is perfectly normal. Redissolve the crystals by warming the buffer to 37°C before diluting. Once diluted, the solution may be stored at 2-8°C up to twenty-one days.

Serum Collection

Prepare sera from aseptically collected samples using standard techniques. Heat inactivated sera should not be used. The use of lipemic, turbid or contaminated sera is not recommended. Particulate material and precipitates in sera may cause erroneous results. Such specimens should be clarified by centrifugation or filtration prior to the test.

Specimens Storage

Specimens should be stored at 2-8°C and tested within 7 days (adding of 0.1% Sodium Azide is highly recommended). If a longer storage period is anticipated, aliquot and store the specimens below -20°C. Avoid repeated thawing and freezing.

Test Procedure - Manual

Automation protocol available upon request

A. Preparation of Reagents

1. Bring all components and clinical specimens to be tested to room temperature. Mix well the Positive Control, Negative Control and the clinical specimens before use.

2. Determine the total number of specimens to be tested. In addition to the specimens, the following must be included in each test: two wells of Negative Control and one well of Positive Control.

3. Withdraw the microtiter plate from its aluminum pouch by cutting one end near the seal. Leave the required number of strips (according to the number of specimens to be tested) in the 96 well frame.
4. Dilute the Concentrated Wash Buffer 1/20 with double-deionized or distilled water. For example, in order to prepare one liter of Wash Buffer, add 50ml of the Concentrated Wash Buffer to 950ml of double-deionized or distilled water.

B. Incubation of sera samples and controls
5. **One step Dilution:** Dilute each patient serum 1/105 with the supplied Serum Diluent as follows: Add 5µl of patient serum to 520µl of Serum Diluent.

   **Two Steps Dilution:** Dilute each patient serum 1/105 with the supplied Serum Diluent as follows: Add 10µl of patient serum to 200µl of Serum Diluent (1/21), and then dilute further by adding 25µl of 1/21 dilution to 100µl of Serum Diluent.

   **Note:** The serum diluent contains anti-human IgG, for the removal of IgG antibodies from human serum.

6. Dispense 50µl of Positive control, Negative control and 1/105 diluted sera into separate wells of the test strip. **The Negative control should be dispensed into two separate wells.**

7. Cover the strips with a plate cover and incubate for 1h at 37°C in a moisture chamber.

8. Discard the liquid content of the wells.

9. **Washing step:** Fill each well with wash buffer (300-350µl) up to the end of the well and discard the liquid, repeat this step two times, for a total of three washing steps.

10. Dry the strips and frame by gently tapping them over clean absorbent paper.

C. Incubation with conjugate
11. Concentrated HRP-conjugated anti-human IgM should be diluted to working solution shortly before use. Dilute the concentrated HRP-conjugated anti-human IgM 1/300 with conjugate diluent.

   For example, for two strips prepare a minimum of 3ml of diluted HRP-conjugate (10µl of Concentrated HRP-conjugated anti-human IgM is mixed with 3ml of Conjugate Diluent).

12. Dispense 50µl of diluted conjugate into each well.

13. Cover the strips with a plate cover and incubate for 1h at 37°C in a moisture chamber.

14. Discard the liquid content and wash as described in steps 9-10.

D. Incubation with TMB - Substrate
15. Dispense 100µl TMB-Substrate into each well, cover the strips with a plate cover and incubate at room temperature for **15 minutes.**

16. Stop the reaction by adding 100µl of Stop Solution (1M H₂SO₄) to each well.

E. Determination of Results
17. Determine the absorbance at 450nm and record the results. Determination should not exceed 30 minutes following stopping of chromogenic reaction.

   **Note:** Any air bubbles should be removed before reading. The bottom of the ELISA plate should be carefully wiped.
Test Validation

For the test to be valid the following criteria must be met. If these criteria are not met the test should be considered invalid and should be repeated.

1. **Positive Control:** The absorbance value should be: $\geq 0.8$ at 450nm.

2. **Negative Control:** The average absorbance value of the Negative Control should be: $0.1 < \text{NC} \leq 0.4$ at 450nm.

---

**Calculation of Cut Off Value (COV) and of CutOff Index (COI)**

The cut-off value is calculated according to the following formula: $\text{COV} = \text{NC} \times 2$

**NC** = The average absorbance at 450nm of the negative Control run in duplicate.

In order to normalize the results obtained in different tests, the cut-off index is calculated according to the following formula:

$$\text{COI} = \frac{\text{Serum sample absorbance at 450nm}}{\text{COV}}$$

---

**Interpretation of Results**

Table 1: Correlation between the absorbance at 450nm and the presence of *C. pneumoniae* IgM Antibodies

<table>
<thead>
<tr>
<th>Absorbance (450nm)</th>
<th>COI</th>
<th>Results</th>
<th>Diagnostic Interpretation</th>
</tr>
</thead>
<tbody>
<tr>
<td>$\text{O.D} &lt; 1.4\times \text{COV}$</td>
<td>$&lt;1.4$</td>
<td><strong>Negative</strong> no detectable IgM antibodies</td>
<td><strong>No indication of current infection by <em>C.pneumoniae</em></strong></td>
</tr>
<tr>
<td>$1.4\times \text{COV} \leq \text{O.D} \leq 1.5\times \text{COV}$</td>
<td>$1.4-1.5$</td>
<td><strong>Borderline</strong> low level of IgM antibodies</td>
<td><strong>Indication of possible exposure to <em>C.pneumoniae</em></strong> Second sample testing required after 2-4 weeks$^1$</td>
</tr>
<tr>
<td>$\text{O.D} &gt; 1.5\times \text{COV}$</td>
<td>$&gt;1.5$</td>
<td><strong>Positive</strong> relevant levels of IgM antibodies</td>
<td><strong>Indication of current infection by <em>C.pneumoniae</em></strong></td>
</tr>
</tbody>
</table>

$^1$ In case of borderline results a second serum sample should be taken 2-4 weeks later and tested together with the first sample. If borderline result is repeated, specimen must be considered negative.
In order to achieve a more comprehensive antibodies’ profile, IgG and IgA should also be tested

Table 2: Interpretation of results based on the combination of IgG, IgA and IgM antibodies.

<table>
<thead>
<tr>
<th>Levels of <em>C. pneumoniae</em> antibodies</th>
<th>Interpretation of Results</th>
</tr>
</thead>
<tbody>
<tr>
<td>IgM</td>
<td>IgG</td>
</tr>
<tr>
<td>Negative</td>
<td>Negative</td>
</tr>
<tr>
<td>Positive or Positive</td>
<td>Negative or Positive</td>
</tr>
<tr>
<td>Negative</td>
<td>Positive</td>
</tr>
<tr>
<td>Positive or Negative</td>
<td>Positive or Negative</td>
</tr>
</tbody>
</table>

Test Limitations

1. No single serological test should be used for a final diagnosis. All clinical and laboratory data should be taken into account.
2. Samples obtained too early during primary infection may not contain detectable antibodies. If Chlamydial infection is suspected, a second sample should be obtained 2-4 weeks later and tested in parallel with the original sample.
Performance Characteristics

Table 3: Comparison of SeroCP™ IgM with Chlamydia IgM SeroFIA™

The SeroCP™ IgM was evaluated against Chlamydia IgM SeroFIA™ (Savyon Diagnostics Ltd. Cat. No. 512-01). The study was carried out at two medical centers using 113 sera samples from symptomatic (33) and healthy children (80).

<table>
<thead>
<tr>
<th>SeroFIA™</th>
<th>Positive</th>
<th>Negative</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive</td>
<td>30</td>
<td>4</td>
<td>34</td>
</tr>
<tr>
<td>Negative</td>
<td>3</td>
<td>76</td>
<td>79</td>
</tr>
<tr>
<td>Total</td>
<td>33</td>
<td>80</td>
<td>113</td>
</tr>
</tbody>
</table>

Sensitivity: 30/33 x 100 = 91%
Specificity: 76/80 x 100 = 95%
Overall agreement: 106/113 x 100 = 94%

Precision

Intra-assay (within-run)

<table>
<thead>
<tr>
<th>Sample</th>
<th>No. of Replicates</th>
<th>Mean Value</th>
<th>CV%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive</td>
<td>10</td>
<td>1.469</td>
<td>2.3</td>
</tr>
<tr>
<td>Negative</td>
<td>10</td>
<td>0.236</td>
<td>4.7</td>
</tr>
</tbody>
</table>

Inter-assay (between-run)

<table>
<thead>
<tr>
<th>Sample</th>
<th>No. of Replicates</th>
<th>Mean Value</th>
<th>CV%</th>
</tr>
</thead>
<tbody>
<tr>
<td>Positive</td>
<td>10</td>
<td>0.605</td>
<td>5.4</td>
</tr>
<tr>
<td>Negative</td>
<td>10</td>
<td>0.163</td>
<td>6.0</td>
</tr>
</tbody>
</table>