Manual For professional use only

# ID-Vit® Pantothenic acid

Microbiological test kit for the determination of total free pantothenic acid (vitamin B<sub>s</sub>) in serum using a Lactobacillus plantarum coated microtiter plate For use in human and veterinary medicine and in research

Valid from 2025-07-07



**KIF004** 







REF

KIF004.2







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# **Safety information**

These accessories are to be used exclusively in accordance with the enclosed instructions for use. Important safety information for this product can be found in chapter **PRECAUTIONS**.

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#### 1. INTENDED PURPOSE

*ID-Vit*® Pantothenic acid is a microtiter plate test kit based on a microbiological method which measures the total free pantothenic acid content in serum. The test kit contains the standard and all reagents required to perform the test. An ELISA reader is required for the evaluation of the results. For use in human and veterinary medicine and in research. For *in vitro* diagnostic use only.

#### 2. INTRODUCTION

#### Pantothenic acid is the reacitve thiol function of CoA and ACP

Pantothenic acid (vitamin  $B_5$ ) is synthesised by most microorganisms and plants from pantoic acid. The vitamin is an integral part of 4'-phosphopantheine, which is a component of coenzyme A (CoA). CoA plays a key role in the metabolism of numerous compounds, especially lipids and the ultimate catabolic disposition of carbohydrates and ketogenic amino acids. About 80% of the vitamin in animal tissues is in CoA form, and the rest exists mainly as phosphopanthetheine and phosphopantethenate.

Another essential role of pantothenic acid is its participation in the 4'-phosphopantheine moiety of acyl carrier protein (ACP), where the phosphodiester-linked prosthetic group uses the sulfhydryl terminus to exchange with malonyl-CoA to form an ACP-S malonyl thioester, which can chain elongate during fatty acid biosynthesis.

### Pantothenic acid deficiency

Pantothenic acid deficiency is exceedingly rare. Because of its rarity, most information about pantothenic acid deficiency has been obtained from experiments: Pantothenic acid deficiency has been induced in humans by use of a metabolic antagonist, w-methyl pantothenic acid along with a pantothenic acid-deficient diet. Subjects became irascible and developed postural hypotension and rapid heart rate on exertion, epigastric distress with anorexia and constipation, numbness and tingling of the hands and feet. Because pantothenic acid is involved with so many vital processes in the body, it is not surprising that a broad number of complications might result from deficiency.

From recent research it is known that the pantothenic acid derivative, pantethine (two molecules of pantetheine joined by a disulfide bond), has a hypocholesterolemic effect. A metabolic antagonist of pantothenic acid, pantoyl g-amino butyric acid (called pantoyl-GABA), is widely used in Japan as an antidementia drug for treating cognitive impairments in pathological states such as Alzheimer's disease, presumably through increasing cholinergic activity *in vivo*.

#### **Indications**

Suspicion of inadequate intake of pantothenic acid, e.g.

- dialysis patients
- · alcohol abusus
- Crohn's disease, Colitis ulcerosa

#### 3. PRINCIPLE OF THE TEST

The serum samples are diluted and then transferred into the wells of a microtiter plate coated with *Lactobacillus plantarum*. The addition of pantothenic acid in either standards or samples gives a pantothenic acid-dependent growth response until pantothenic acid is consumed. After incubation at **37** °C for **22–26 h**, the growth of *Lactobacillus plantarum* is measured turbidimetrically at 610–630 nm (alternatively at 540–550 nm) in an ELISA reader and compared to a standard curve generated from the dilution series. The amount of pantothenic acid is directly proportional to the turbidity.

### 4. MATERIAL SUPPLIED

Cat. No.	Label	V:t	Quantity		
Cat. No.	Labei	Kit components	KIF004	KIF004.2	
KIF000.30	DIL	Water	6 x 30 ml	7 x 30 ml	
	PLATE	microtiter plate, precoated with Lactobacillus plantarum	1 x	2x	
	ASYMED	Pantothenic acid assay medium	4x	4x	
	STD	Pantothenic acid standard, lyophilized	4 x	3 x	
KIF004/ KIF004.2	FOL	Adhesive cover foil	1 x whole 3 x half	3 x whole	
	FRA Replacement holder for microtiter strips	1 x	1 x		
	CTRL1	Pantothenic acid control 1, lyophilized	4 x	3 x	
	CTRL2	Pantothenic acid control 2, lyophilized	4x	3 x	

# 5. MATERIAL REQUIRED BUT NOT SUPPLIED

- Incubator with a dark incubation chamber, 37 °C
- ELISA reader 610–630 nm (540–550 nm)
- Calibrated precision pipettors and sterile single use 20–1 000 µl tips
- 5 ml and 10 ml pipets
- 1.5-2 ml reaction vials
- 0.2 µm sterile polyethersulfone (PES) filter with a disposable syringe (10 ml)
- 15 ml centrifuge tubes (e.g. Falcon tubes)
- Biocentrifuge (10 000 *q*)
- Vortex

#### 6. PRECAUTIONS

- The test is based on a microbiological method. Contaminations lead to erroneous results.
- Water quality is extremely important for the test. Use only the water delivered with the test kit (DIL).
- For sterile filtration, only a sterile polyethersulfone filter must be used.
- It is essential to run a standard curve for each separate assay.
- Measure controls with each assay.
- · We recommend measurements in duplicate.
- Do not use reagents beyond the expiration date shown on the label.
- As a precaution, it is recommended that the human material used is always considered potentially infectious.
- Used microtiter stripes and materials that have been in contact with patient samples must be handled and disposed of as potentially infectious.

### 7. STORAGE AND PREPARATION OF REAGENTS

- Store test kit and reagents at 2–8°C.
- Prepare reagents freshly and use them immediately after preparation.
- To run the assay more than once, ensure that reagents are stored at the conditions stated on the label. Prepare only the appropriate amount necessary for each run. The kit can be used up to 3x (KIF004.2) or 4x (KIF004) within the expiry date stated on the label.

#### 7.1 Water

- Water (DIL) for medium (ASYMED), standard (STD), controls (CTRL1, CTRL2) and dilutions.
- Push the lid up and pull it back to the rim of the glass, then twist the whole cap off.

# 7.2 Preparation of the sterile assay medium

- Fresh sterile assay medium has to be prepared each time before performing a test.
- Remove the desiccant bag from the lyophilised assay medium bottle by taking the bag with a forceps and shaking it whilst still inside the bottle. Then remove the clean desiccant bag and discard it.
- Add 10 ml water (**DIL**) to the assay medium bottle (**ASYMED**), close the bottle firmly and vortex well. This amount is sufficient for 6 microtiter stripes.
- Filter the medium using a disposable syringe (10 ml) and the  $0.2\,\mu m$  PES filter into a centrifuge tube (15 ml, e.g. Falcon).
- After this preparation, the sterile assay medium can be used in the test.

# 7.3 Preparation of the controls

- The lyophilised controls (CTRL1, CTRL2) have to be resuspended each with x ml water (DIL) from the test kit (x = see product specification), then homogenise using a vortex.
- After reconstitution, the controls are treated like samples.
- The concentration of the controls changes from lot to lot and is stated in the product specification.

# 7.4 Preparation of the standard curve

For the preparation of the standard curve, standard concentrate is needed. To
prepare standard concentrate, resuspend the lyophilised standard (STD) with
xml water (DIL) (x = see quality control protocol) supplied with the test kit,
then homogenise using a vortex.

 Prepare a standard curve in 6 sterile reaction tubes (1.5–2 ml volume) from standard concentrate and water (DIL) following the scheme depicted in the table below:

Pantothenic acid [µg/l]	Water (DIL) [μl]	+	Standard concentrate [µl]	II C	Total volume [μl]
Blank: 0	975	+	0	4	975
Standard 1: 2.3	975	+	25	=	1 000
Standard 2: 4.6	950	+	50	=	1 000
Standard 3: 18.4	400	+	100	=	500
Standard 4: 27.6	350	+	150	=	500
Standard 5: 36.8	300	+	200	=	500

# 7.5 Microtiter plate (PLATE)

- Store the microtiter plate (PLATE) in the aluminium packaging containing the desiccant bag at 2–8°C.
- The microtiter plate (PLATE) has to be protected from humidity and contamination.
- Take care that the aluminium packaging is not damaged.
- Carefully close the aluminium packaging after opening.
- Take only the microtiter stripes needed directly before usage to avoid contamination.

#### 8. SAMPLE STORAGE AND PREPARATION

- Use serum for analysis.
- Samples are stable at 2–8 °C for 3 days in the dark. For longer storage, samples can be frozen and kept at -20 °C for up to 5 months.
- Centrifuge samples prior to measurement (at least 5 min at 10 000 g). Use the resulting supernatant in the test.
- Do not use hemolytic samples for analysis as they may give erroneous results.
   Centrifuge lipemic samples at 13 000 g for 10 min before assaying to obtain a serum that is as fat free as possible.

# 8.1 Sample dilution

Take  $50\,\mu$ l from the sample/control, add  $350\,\mu$ l water (**DIL**) and mix. The sample treatment and dilution result in a total dilution of 1:8 (= sample dilution factor).

### 9. ASSAY PROCEDURE

# 9.1 Test preparations

Take as many microtiter strips as needed from the kit. Return unused strips and any unused test kit components to the original packaging, and store in the refrigerator. Bring all necessary reagents to room temperature.

# 9.2 Test procedure

- Take as many microtiter strips as needed from the kit and put them in the second microtiter strip holder (FRA).
- Put 150 µl sterile assay medium into the cavities.
- Add 150 µl of the prepared standard dilutions (blank, standard 1–5), samples
  and controls into the respective cavities. Pre-rinse each pipet tip with standard, control or sample solution, respectively.
- Carefully seal the plate with adhesive cover foil (FOL). Important: the cavities
  must be made airtight by pressing the foil down with the hand!
- Keep at 37 °C for 22–26 h in an incubator.

#### 9.3 Measurement

• Press the adhesive cover foil (**FOL**) firmly down again with the hand.

- Turn the microtiter plate (PLATE) upside down, place it onto a tabletop and shake the microbes well.
- Turn the microtiter plate (**PLATE**) over again and carefully remove the adhesive cover foil (**FOL**). During this, fix the strips in the frame with your hand because the foil is highly adhesive.
- Remove air bubbles in the cavities using a pipet tip or a needle.
- Read turbidity in an ELISA reader at E 610–630 nm (alternatively at E 540– 550 nm).

#### Please note

 After 22–26 h incubation time, the microtiter plate (PLATE) may be stored for a maximum of 48 h in the refrigerator before measuring the turbidity.

# 10. EVALUATION OF RESULTS

We recommend to use the 4 parameter algorithm to calculate the results. The sample dilution factor has to be considered for data evaluation.

The blank serves as a visual control to exclude contamination and is not taken into account in the calculation. The optical density must be < standard 1. If this is not the case, the analysis must be carried out again.

# 10.1 Calculation

Pantothenic acid in  $\mu g/l = value$  from the standard curve × sample dilution factor (8).

# 10.2 Expected values

The concentration of pantothenic acid was determined in 74 samples of different blood donors. The median value was 91.4 (81.4)  $\mu$ g/l. The 2-SD area was 36–147  $\mu$ g/l. Figure 1 shows the distribution of the values.

Number of samples	74
Mean	91.4
Median	81.4
SD	27.7
MW-2*SD	36.0
MW+2*SD	146.8

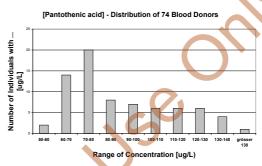


Fig. 1: Distribution of pantothenic acid values in blood donor samples

#### Please note

A concentration range of 18.4–294.4 µg/l pantothenic acid is covered at a sample dilution of 1:8.

We recommend each laboratory to develop its own normal range as normal ranges strongly depend on the choice of the patient collective. The reference range is given for guidance only and may differ from other published data.

# 10.3 Quality control

The extinction of the highest standard has to be > 0.6.

Results, generated from the analysis of control samples, should be evaluated for acceptability. The results for the samples may not be valid if within the same assay one or more values of the quality control sample or the highest standard are outside the acceptable limits.

# 11. LIMITATIONS

Only serum can be used for the test.

# 12. PERFORMANCE CHARACTERISTICS

The following performance characteristics have been collected using human serum samples.

#### Precision and reproducibility 12.1

### Intraassay (n = 28)

	Pantothenic acid [μg/l]	CV [%]	
Sample	81.0	3.0	

# Interassay (n = 5)

Pantothenic acid [µg/l]		CV [%]		
Sample	92.4	4.9		

#### 12.2 Recovery

Samples from 3 patients were spiked with pantothenic acid and analysed. The mean values are shown below.

Sample (n=5)	Mean value original sample [µg/l]	Spike [µg/l]	Panto- thenic acid expected [µg/l]	Panto- thenic acid measured [µg/l]	Recovery Rate [%]
	86	18.4	130.9	131.9	105
А	112.5	36.8	149.3	141.5	79
	70	55.2	167.7	158.1	83
Recovery rate in total [%]					89

**Recovery rate in total [%]** 

Sample (n=5)	Mean value measured in original sample [µg/l]	Spike [µg/l]	Panto- thenic acid expected [µg/l]	Panto- thenic acid measured [µg/l]	Recovery Rate [%]
		18.4	115.0	113.8	93
В	96.61	36.8	133.4	133.8	101
		55.2	151.8	165.3	125

**Recovery rate in total [%]** 

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Sample (n=5)	Mean value measured in original sample [μg/l]	Spike [µg/l]	Panto- thenic acid expected [µg/l]	Panto- thenic acid measured [µg/l]	Recovery Rate [%]
		18.4	124.6	122.5	88
С	106.21	36.8	143.0	138.6	88
		55.2	161.4	176.1	127
Recovery rate in total [%]					101

## 13. GENERAL NOTES ON THE TEST AND TEST PROCEDURE

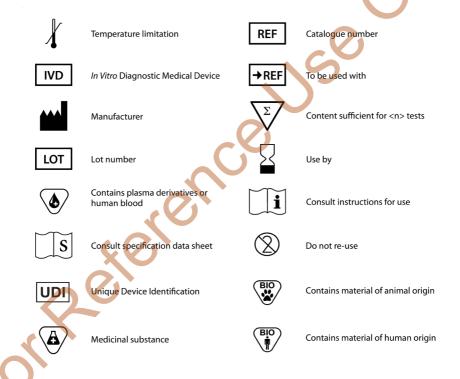
- · This assay was produced and distributed according to the IVD guidelines of 98/79/FC
- All reagents in the kit package are for in vitro diagnostic use only.
- ID-Vit® is a trademark of Immundiagnostik AG.
- Do not use reagents beyond the expiration date stated on the kit label.
- Do not interchange different lot numbers of any kit component within the same assay.
- Follow the guidelines for medical laboratories.
- Incubation time, incubation temperature and pipetting volumes of the components are defined by the producer. Any variation of the test procedure, which has not been consulted with the producer, may influence the results of the test. Immundiagnostik AG can therefore not be held responsible for any damage resulting from incorrect use.
- Warranty claims and complaints regarding deficiencies must be made within 14 days after reception of the product. The product should be sent to Immundiagnostik AG along with a written complaint.
- Analyse controls with each run.
- Always perform the assay according to the enclosed manual.
- Serious incidents are to be reported to Immundiagnostik AG and the national regulatory authorities.

## 14. REFERENCES

1. Burtis, C.A. & Ashwood, E.R., 1999. Tietz textbook of clinical chemistry 3rd ed., W.B. Saunders.

2. Coronel, F. et al., 1991. Treatment of hyperlipemia in diabetic patients on dialysis with a physiological substance. *American journal of nephrology*, **11**(1), pp.32–6.

#### 15. SYMBOLS



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