

# Active Ghrelin ELISA Assay Kit

Catalog Number: GHA31-K01 (1 x 96 wells) For Research Use Only. Not for use in diagnostic procedures. v. 1.0 (08 OCT 24)

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## INTRENDED USE

The Active Ghrelin ELISA Assay Kit measures the active form of ghrelin in human, rat, or mouse plasma. The Active Ghrelin ELISA Assay Kit is for research use only and not to be used for diagnostic procedures.

For further information about this kit, its application, or the procedures in this insert, please contact the Technical Service Team at Eagle Biosciences, Inc at <u>www.EagleBio.com</u> or at 866-411-8023.

## ASSAY BACKGROUND

Ghrelin, a novel growth hormone releasing peptide is an acylated peptide that stimulates the release of growth hormone from pituitary. It was isolated from rat stomach and the structure was determined as a peptide consisting of 28-amino acid by Dr. Kenji Kangawa (National Cardiovascular Center in Japan). The Ser3 residue of Ghrelin is modified by n-octanoic acid, a modification necessary for hormone activity.

#### ASSAY PRINCIPLE

This Active Ghrelin ELISA kit measures the active form of Ghrelin based on the principle of 2 Site Sandwich enzyme-linked immunosorbent assay (ELISA). It can detect not only octanoylated human Ghrelin but also octanoylated rat/mouse Ghrelin (1-28). This kit is manufactured using the high specific antibody pairs generated by Dr. Kangawa and by following his protocol. (patent pending PCT WO 01/07475 A1).

	Active Ghrelin ELISA Assay Kit		Contents
•	The assay can measure active ghrelin within the	1.	Monoclonal antibody against
	range of 2.9~184 fmol/mL		active ghrelin coated plate
•	The assay is completed within $2 hr + 1 hr + 0.5$	2.	Standard
	hr.	3.	HRP labeled monoclonal
•	With one assay kit, 40 samples can be measured		antibody against ghrelin solution
	in duplicate.	4.	Substrate solution (TMB)
•	Test Sample: human/rat/mouse plasma	5.	HRP dilution buffer
•	Sample Volume: 50 uL	6.	Stopping solution
•	The 96-wells plate in kit is consisted by 8-wells	7.	Assay buffer
	strips, and the strips can be used separately.	8.	Washing buffer (concentrated)
•	Stability and Storage	9.	Transparent sheet
	Store all of the components at 2-8°C		
	The kit is stable under the condition for 12		
	months from the date of manufacturing		
	The expiry date is stated on the label of the kit.		

## **COMPONENTS**

	Component	Form	Quantity	Main Ingredient
1.	Antibody coated plate	Microtiter plate	1 plate (96 wells)	Mouse anti-active ghrelin monoclonal antibody coated
2.	Standard	Lyophilized	1 vial (184 fmol)	Synthetic human active ghrelin
3.	HRP labeled antibody solution	Liquid	1 tube (0.15 mL)	HRP labeled mouse anti- ghrelin monoclonal antibody
4.	Substrate Solution	Liquid	2 bottles (11 mLx2)	3,3',5,5'-Tetramethylbenzidine (TMB)
5.	HRP dilution buffer	Liquid	1 bottle (22 mL)	Phosphate buffer
6.	Stopping Solution	Liquid	1 bottle (6 mL)	1 mol/L H <sub>2</sub> SO <sub>4</sub>
7.	Assay Buffer	Liquid	1 bottle (22 mL)	Buffer containing a reaction accelerator
8.	Washing Buffer Concentrate	Liquid	1 bottle (40 mL)	Concentrated phosphate buffer
9.	Transparent sheet		3 pieces	

#### **MATERIALS REQUIRED**

- 1. Plate Washer
- 2. Plate Reader (450 nm measurement available)
- 3. Vortex Mixer

#### **PREPARATION OF SAMPLE**

Ghrelin is very unstable. Be careful to avoid any fragmentation of inactivation. All biological fluid should be treated with protease inhibitor such as aprotinin. It is also required to inhibit the esterase activity. Standard procedure of human blood sample preparation is as described below.

Collect into the bleeding tubes which contain 500 KIU (Kallikrein Inhibitor Unit) of aprotinin and 1.25 mg of EDTA-2Na per 1 mL of whole blood. Rock the tubes gently and then immediately centrifuge the blood sample (1500xg, 15 min at 4°C). Earned plasma should be immediately treated with 1/10 volume of 1 mol/L HCI. Sample must be kept below -40°C for long term storage.

#### **REAGENT PREPARATION**

- 1. Dilute the washing buffer concentrate with x20 volume of distilled water. Store the diluted washing buffer in refrigerator and use within 2 weeks.
- 2. Reconstitute the Standard (Lyophilized) with 1 mL of distilled water (→ Standard #1). **Keep still approximately 10 minutes and vortex well.**

Then dilute the standard as follows:

Standard No.	Std Vol.	Assay Buffer	
#2	#1 → 500 µL	500 µL	
#3	#2 → 500 µL	500 µL	
#4	#3 → 500 µL	500 µL	
#5	#4 → 500 µL	500 µL	
#6	#5 → 500 µL	500 µL	
#7	#6 → 500 µL	500 µL	

# The lyophilized standard contains 184 fmol of human active ghrelin

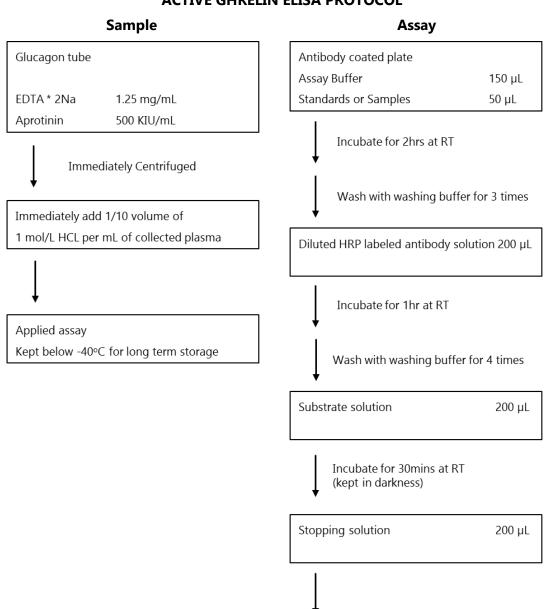
The dilution procedure described above is for 2.9~184 fmol/mL of the standard curve.

3. Dilute only the required volume of the HRP labeled antibody solution with <u>x200</u> volume of the HRP dilution buffer and vortex well. (Prepare the diluted HRP labeled antibody solution more than one hour before using and use it within a day.)

## ASSAY PROCEDURE

Pre-warm all reagents to room temperature prior to setting up the assay. Do not dry up the wells during a measurement.

- 1. 150  $\mu$ L of assay buffer is poured into the testing well. 50  $\mu$ L of samples and standards are added into the each well. As a "Blank", 50  $\mu$ L of assay buffer is added into the testing well. Manufacturer recommends to test duplicate for each sample. Plate is covered with transparent sheet and is incubated for 2 hours at RT.
- 2. Aspirate samples from wells and wash by washing buffer for 3 times. **Washing buffer volume: 350**  $\mu$ L. Keep 1 min of interval before removing the washing buffer from wells. For removing the remnant completely, testing plate is tapped on a paper towel upside down. 200  $\mu$ L of diluted HRP labeled antibody solution is poured into the wells. Testing plate is covered with transparent sheet and is incubated for 1 hour at RT.
- 3. Aspirate samples from wells and wash by washing buffer for 4 times. Washing buffer volume: **350**  $\mu$ L. Keep 1 min of interval before aspirating the washing buffer from wells. For removing the remnant completely, testing plate is tapped on a paper towel upside down. 200  $\mu$ L of substrate solution is poured into each well and is incubated for 30 min at RT with shading. After the incubation, 50  $\mu$ L of stopping solution is added to each well to stop reaction. Then shake the plate gently.
- 4. Measure the absorbance of each well at 450 nm immediately.
- 5. The results of unknown samples can be calculated with any computer program having a 4 (or 5)-parameter logistic function. Otherwise plot the standard concentration (X-axis) and its corresponding absorbance (Y-axis). The concentration of active ghrelin in unknown sample is determined by plotting the sample's absorbance on the standard curve. When HCl is added to the samples, multiply the results by 1.1 to offset the dilution.



# ACTIVE GHRELIN ELISA PROTOCOL

Immediately measure the absorbance at 450 nm

# PRECAUTION

- 1. This kit is for research purpose only. Not for diagnostic use.
- 2. Warning potential biohazardous material. Samples should be handled at the Biosafety level 2 as recommended for any potentially infection human serum or blood samples in the Centers for Disease Control/National Institutes of Health manual "Biosafety in Microbiological and Biomedical Laboratories", 1984. In addition, handle and dispose of the Antibody coated plate as well as all material coming into contact with them or with the ample as if capable of transmitting infection.

- 3. Substrate solution is sensitive to contamination from a variety of oxidizing agents such as bacteria, dust, metals and commonly used laboratory glassware. Avoid contacting with any potential source of these contaminations. Substrate solution is also sensitive to light. Avoid unnecessary exposure to light.
- 4. Stopping solution contains 1M sulfuric acid solution. Sulfuric acid is corrosive and can cause eye and skin burns. Avoid contact with skin and eyes. To prevent any contact, wear protective equipment such as safety gloves, rubber gloves, as appropriate.
- 5. Reagents are stored between +2°C and +8°C. Before the measurement, all reagents must be equilibrated to room temperature. Put unused strips back in the aluminum pouch immediately, because strips are affected by humidity.
- 6. Do not mix the reagents from different kits unless they have the same lot numbers.
- 7. Do not use reagents after the expiration date printed on the label.
- 8. Occasionally, the assay buffer and the washing buffer concentrate generate some precipitates. However, they can be resolved by raising the temperature from room temperature to approximately 30°C. After then, you can use their buffers.
- 9. Dilute the high level samples with the assay buffer

# STABILITY AND STORAGE

Storage: Store all of the components at 2-8°C.

Shelf Life: The kit is stable under the conditions for 12 months from the date of manufacturing. The expiry date is stated on the label of the kit.

Package: For 96 tests per one kit including standards.

# REFERENCES

- 1. Kojima, M. et al.: Nature, 402: 656, 1999
- 2. Inui, A.: Nat. Rev. Neurosci., 2: 551, 2001
- 3. Date, Y. et al. : Endocrinology, 141 : 4255, 2000
- 4. Gualillo, O. et al. : Endocrinology, 142: 788, 2001
- 5. Matsumoto, M. et al.: Biochem. Biophys. Res. Commun., 287: 142, 2001
- 6. Hosoda, H. et al.: Biochem. Biophys. Res. Commun., 279: 909, 2000



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