

Glutathione S-Transferase (GST) Alpha ELISA

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INTRODUCTION

Glutathione S-Transferase (GST) has multiple isoforms. This assay is specific for Glutathione S-Transferase Alpha (GSTA) and is not known to cross react with the mu, pi, or theta variants. GSTA is a common biomarker for hepatocellular damage.¹ It also conjugates GSH to 4-hydroxynonenal, a product of lipid peroxidation² and is an important player in cellular antioxidant defense mechanisms.³

PRINCIPLES OF PROCEDURE

This Glutathione S-Transferase (GST) Alpha ELISA kit is a standard sandwich enzymelinked immunosorbent assay (ELISA). The plate is pre-coated with anti-GSTA and blocked, ready for the addition of samples and standards. The assay should take approximately 3 hours to run, plus any required sample preparation time.

Component	Description	Volume	Storage
Anti-GSTA Plate	96-well microplate coated and blocked	1 plate	4°C
Assay Buffer	Assay Buffer Buffer used to dilute samples and reagents		4°C
10x Wash Buffer	Buffer used to wash the plate	30 mL	4°C
GST Alpha Standard	10 μg/mL GSTA	20 µL	4°C
Detection Antibody	Anti-Human-GSTA	130 µL	4°C
HRP-Conjugate	Streptavidin-HRP conjugate	130 µL	4°C
TMB Substrate Stabilized TMB color reagent		20 mL	4°C

MATERIALS PROVIDED

MATERIALS NEEDED BUT NOT PROVIDED

- 1. Microplate reader with 450 nm filter
- 2. Adjustable micropipettes and tips
- 3. 3 N Sulfuric Acid (H₂SO₄)
- 4. Deionized Water (dH₂O)

STORAGE

- 1. Store the components of this kit at the temperatures specified on the labels.
- 2. Unopened reagents are stable until the indicated kit expiration date.

WARNINGS AND PRECAUTIONS

- 1. Use aseptic technique when opening and dispensing reagents.
- 2. This kit is designed to work properly as provided and instructed. Additions, deletions or substitutions to the procedure or reagents are not recommended, as they may be detrimental to the assay.

PROCEDURAL NOTES

1. Reagents can be used immediately upon removal from refrigeration.



- 2. To minimize errors in absorbance measurements due to handling, wipe the exterior bottom of the microplate wells with a lint-free paper towel prior to inserting into the plate reader.
- 3. Do not save excess or diluted reagents for future use.

SAMPLE STORAGE

Samples should be stored at -80°C and thawed just prior to use. Avoid repeated freeze/thaw cycles for best results. This assay was developed and validated with human serum samples, however it does cross-react with rat.

SAMPLE PREPARATION

It is recommended to do multiple sample dilutions to ensure that the concentration falls within the accepted range for the assay. Samples should be assayed neat or diluted 1:2 in Assay Buffer.

REAGENT PREPARATION

- 1. **GST Alpha Standard:** Immediately prior to use, dilute 1:1000 by adding 10 μL of Standard to 10 mL of Assay Buffer, giving a final concentration of 10 ng/mL.
- 2. **10x Wash Buffer:** Dilute the wash buffer 1:10 by adding 30 mL of 10x Wash Buffer to 270 mL of dH₂O.
- 3. **Detection Antibody:** Immediately prior to use, dilute 1:100 by adding 120 µL of Detection Antibody to 12 mL of Assay Buffer.
- 4. **HRP-Conjugate:** Immediately prior to use, dilute 1:100 by adding 120 µL of HRP-Conjugate to 12 mL of Assay Buffer.

STANDARD CURVE PREPARATION

Set up for the standard curve by labeling dilution tubes and dispensing the indicated volumes of Assay Buffer and 10 ng/mL Standard Stock Solution according to Table 1 below.

Standar d	GST Concentration (ng/mL)	Assay Buffer (μL)	Volume of 10 ng/mL Standard (μL)	Final Volume (μL)
S7	10	-	1000	1000
S6	8.0	200	800	1000
S5	5.0	500	500	1000
S4	2.5	750	250	1000
S3	1.0	900	100	1000
S ₂	0.5	950	50	1000
s ₁	0.25	975	25	1000
S ₀	0	1000	-	1000

Table 1: Standard Curve Preparation



ASSAY PROCEDURE

- Add 100 μL of Standards and Samples to the corresponding wells on the microplate in duplicate. Incubate at room temperature for one hour. See Scheme 1 below for a suggested plate layout.
- 2. Dump the contents of the plate and wash each well three times with 300 µL of Wash Buffer. After the final wash, tap the plate on a lint-free paper towel to make sure there is no solution left in the wells.
- 3. Add 100 μL of the Detection Antibody to each well. Incubate at room temperature for one hour.
- 4. Wash the plate as in step 2.
- 5. Add 100 µL of the HRP Conjugate to each well. Incubate at room temperature for 30 minutes.
- 6. Wash the plate as in step 2.
- 7. Add 100 µL of TMB Substrate to each well. Allow the color to develop for 30 minutes at room temperature.
- 8. Stop the reaction by adding 25 μ L per well of 3N Sulfuric Acid (H₂SO₄).
- 9. Read the plate at 450 nm in a microplate reader.

	Selence 1. Suggested Flate Layout											
	1	2	3	4	5	6	7	8	9	10	11	12
А	SO	SO	U1	U1	Ug	Ug	U ₁₇	U ₁₇	U25	U25	U33	U33
В	S1	S1	U2	U2	U10	U10	U18	U18	U26	U26	U34	U34
С	S2	S2	U3	U3	U11	U11	U19	U19	U27	U27	U35	U35
D	S3	S3	U4	U4	U12	U12	U20	U20	U28	U28	U36	U36
Е	S4	S4	U5	U5	U13	U13	U21	U21	U29	U29	U37	U37
F	S5	S5	U ₆	U ₆	U ₁₄	U ₁₄	U22	U22	U30	U30	U38	U38
G	S ₆	S6	U7	U7	U15	U15	U23	U23	U31	U31	U39	U39
Н	S ₇	S7	U8	U8	U16	U ₁₆	U24	U24	U32	U32	U40	U40

Scheme 1: Suggested Plate Layout

CALCULATIONS

- a) Average all duplicate well absorbance values.
- b) Subtract the average absorbance values for the blank wells (S₀) from all other well pairs.
- c) Plot a standard curve using the corrected absorbance values of each Standard (y-axis) versus the Standard concentration (x-axis).
- d) Determine the concentration of each unknown using the equation of the line.



Figure 1: Typical Standard Curve



REFERENCES

- 1. Vaubourdolle, M, *et al.*; (1995) Clinical Chemistry 41:1716-1719
- 2. Awasthi, Y. C, *et al.*; (2004) Free Radic. Biol. Med. 37: 607–619
- 3. Yang, Y., et al.; (2002) Toxicol. Appl. Pharmacol. 182: 105–115

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